“AL-ANON SPOKEN HERE” MEETING FORMAT

INTRODUCTION:
Hi, my name is ____________________, a grateful Al-Anon member and your secretary for this meeting. Welcome to the “Al-Anon Spoken Here” meeting. This meeting runs 1 hour and 15 minutes.

SERENITY PRAYER:
Let’s open with a moment of silence for those family members still suffering inside and outside of these rooms, followed by the Serenity Prayer.

       God grant me the serenity
       To accept the things I cannot change,
       Courage to change the things I can,
       And wisdom to know the difference.
       (Al-Anon/Alateen Service Manual pg. 10)

READINGS:
Volunteers are needed to read:
1. Suggested Preamble to the 12 Steps (found on the page before Jan 1 in all daily readers)
2. Al-Anon 12 Steps (found in the page after Dec 31 in all daily readers)
Let’s go around the globe and introduce ourselves. Hi, my name is _______________ from ________________.

MEETING TOPIC:
We read from “Al-Anon Spoken Here” pamphlet P53. May we take a quick count of the number of brochures available on the line today?

FORMAT:
Leader asks for volunteers to read 4 questions and answers from the brochure.
2. Leader asks for a volunteer to speak for 5 minutes about the reading.

SPIRITUAL TIMEKEEPER:
We have 3 minute shares. Do we have a volunteer to be our spiritual timer? Would the spiritual timer like to share first?
1. The floor is open for shares at this time.

**The meeting closes at 15 minutes after the hour.**

**CLOSING:**
Thank you to all who shared, read, and timed.

2. Let’s close with Al-Anon’s Declaration followed by the Serenity Prayer.
3. Could we have a volunteer to be the secretary for the next meeting:

**MEETING SCHEDULE:**
JANUARY 2, 2016
FEBRUARY 6, 2016
MARCH 5, 2016
APRIL 2, 2016