Al-Anon’s Sunday 2pm Concept Twelve Revisited

Welcome to the Sunday 2pm Concept Twelve Revisited meeting. Hi, my name is ____________________, a thankful Al-Anon member and your Chair for this meeting. Our meeting lasts for 1 hour and 15 minutes. Closing begins 10 minutes after the hour. We read and share on Concept Twelve from Paths to Recovery.

1. **Phone Etiquette:**

   a. We ask members to use the *1 keys to mute, even if they have a mute function on their phones. The *1 keys ensure the greatest sound strength for the entire phone line, providing the greatest service to all members of the phone bridge during the meeting.

   b. Please do not use a speakerphone for sharing, or we will all hear an echo. Some speakerphones will not mute even when pressing your *1 keys.

   c. To hear a menu of all the features--such as volume control or member count--simply press * by itself.

2. Let’s open with a moment of silence for those family members still suffering inside and outside of these rooms, followed by the **Serenity Prayer**.

   God grant me the serenity
   To accept the things I cannot change,
   Courage to change the things I can,
   And wisdom to know the difference.
3. **WELCOME:** Chair reads Suggested Al-Anon Welcome (p. 8 in *How Al-Anon Works* or *Al-Anon Alateen Service Manual* pp. 11-12.)

4. **READINGS - *Ask for Volunteers for the:***
   
a) **PREAMBLE** to the Twelve Steps (front of all three Meditation Books or *Al-Anon Alateen Service Manual* p.13)

b) **THE TWELVE STEPS** (Back of all three Meditation Books or *Al-Anon Alateen Service Manual* pp.14-15)

c) **THE TRADITION AND CONCEPT OF THE MONTH** (Back of three Meditation Books. In December: Concept Twelve includes the five General Warranties.)

5. **ANNOUNCEMENTS:**
   
a. **7th Tradition:** Al-Anon is fully self-supporting, declining outside contributions. We ask that you send your contributions to WSO and state that it is from our Sunday 2pm Concept Twelve Revisited meeting, **WSO ID# 30731556**, or make donations at your face-to-face meetings.

b. Are there any newcomers here today? Please press your *1 keys to unmute and state your name so we may greet you…We reserve the last fifteen minutes of the meeting especially for newcomers to share or for members who normally are quiet so that everyone on the phone bridge has an opportunity to share.
c. Sponsorship is a valuable tool in Al-Anon. Before selecting a sponsor, we suggest reading Al-Anon’s conference approved literature on Sponsorship and Service Sponsorship.

d. Members often stay on the line for sharing after the meeting ends and are willing to answer questions about Al-Anon and phone bridge etiquette. If you are new, feel free to stay and ask questions then.

e. Are there any Al-Anon related announcements?

f. Our business meeting is held on the 1st Sunday of the month.

g. We kindly request that members ask the Chair to address any background noise or other circumstances during the meeting, for the purposes of having a clear line.

6. INTRODUCTIONS: Let’s go around the globe and introduce ourselves.

   Hi, I am ___________(Name)_________ from (_______State____)

7. MEETING TOPIC: We explore Concept Twelve in its entirety from Paths to Recovery. Paths to Recovery can be purchased at your face-to-face meetings, literature depot or online at www.al-anon.org. We now need volunteers to read as follows:

   **Week 1:** Concept Twelve reading, pp. 324-328

   **Week 2:** “Members Share Experience, Strength and Hope: It Is Also Our Responsibility”, pp. 329-330

   **Week 3:** "Members Share Experience, Strength and Hope: I Am Able to Live It", pp. 331-334
Week 4: "Members Share Experience, Strength and Hope: We Wanted to Demand", p.334

Week 5: “Working Concept Twelve” questions, pp.335-336. We read any three questions, repeating them twice, then open for shares. We then move on to three more questions, until all the questions have been covered, or sharing time ends. Who would like to read “Working Concept Twelve” on p.335 then choose three questions for us…?

8. ANONYMITY STATEMENT: In Al-Anon, this is a gentle reminder that we speak from our own experience and ours is derived from living with the effects of alcoholism. We ask those who are members of other anonymous programs to maintain their anonymity and identify with the Al-Anon approach to the family illness. Ours is a different experience and calls for a different interpretation.

9. SHARING: There is a three minute time limit for shares. When the spiritual timekeeper says time it means please wrap-up your share. Also, when the spiritual time keeper says time, please acknowledge that you heard them, by saying maybe “thank you, I’ll just wrap up”. This way the timekeeper doesn’t have to repeat themselves. Who would like to be our spiritual timekeeper? Would our spiritual timekeeper like to share first…?

3:00 NEWCOMER SHARING: Do we have any newcomers or those who don’t share often at this meeting who wish to share at this time?

10. 3:10 PM - CLOSING: Chairperson reads Suggested Al-Anon Closing (p. 20, Al-Anon Alateen Service Manual or How Al-Anon Works p.380 or p.396.)

We will now say the “Al-Anon Declaration” (Paths to Recovery Roman Numeral page IX or Al-Anon/Alateen Service Manual p.20)

Followed by the Serenity Prayer:

God grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.
(Al-Anon/Alateen Service Manual p.11)

11. **CONTACT INFORMATION**: Would anyone like to have contact information from another member or leave their information for outreach?

**THE MEETING IS NOW CLOSED**

12. **MEETING INFORMATION**:

   a. Information on all registered meetings can be found on Al-Anon’s website: al-anon.org or by calling our World Service Office (WSO) at (757) 563-1600. For face-to-face meetings call WSO’s automated phone number: 888-4AL-ANON (888-425-2666).

   b. Meeting schedules and formats for this phone line can be found at phonemeetings.org. If the line goes down, the backup number is (425) 436-6200 PIN: 335289#. Press*6 to mute and unmute. For members without web access, meeting schedule information for this line can be found at (712) 432-8733 PIN: UNITY411#. The backup number for the meeting schedule information is (425) 436-6202, PIN: 335289#, Reference Number: 1#.

   c. Format changes and website postings can be emailed to phonemeetingsweb@yahoo.com. General questions can be sent to phonemeetingsinformation@yahoo.com. For inquiries regarding leader codes, dashboard monitors and technical issues with the phone line, email phonemonitorteam@yahoo.com. For workshop ideas, suggestions and concerns, email phonemeetingsforum@yahoo.com.

   d. Would anyone like to announce any other Al-Anon phone meetings?
Chairperson states: The meeting is now formally closed.

Chair turns the meeting over to newcomer greeter after the meeting closes.

SUGGESTED BUSINESS MEETING FORMAT

1. Let’s open with a moment of silence followed with the Serenity Prayer:
   
   God grant me the serenity to: Accept the things I cannot change courage to change the things I can and Wisdom to know the difference.

OLD BUSINESS

3. Secretary do we have any old business to revisit from last meeting?

4. We open up the floor for discussion on these items.

5. Do we have a motion on this item?
   
   5a. Do we have a second?
   
   5b. Secretary please read the motion.
   
   Ask if there is any further discussion before we vote.
   
   5c. We now go to voting…
   
   5d. All in flavor say “I” and state the order of “I’s” Like “I one” and then “I two” and so on.
   
   5e. Any opposed? Say “nay one” and so on.
   
   5f. Any abstentions? Say “abstaining one and so on.
   
   5g. The motion is now carried or opposed with ___### in favor, _____### opposed and ______#____abstentions.

NEW BUSINESS

6. Is there any new business that the group wants to bring up?
7. (if so) So our first order of business is ____________.

8. We open up the floor for discussion on this item.

9. Do we have a motion on this item?

9a. Do we have a second?

9b. Secretary please read the motion.

Ask if there is any further discussion before we vote.

9c. We now go to voting…

9d. All in flavor say “I” and state the order of “I’s…like, “I one” and then “I two” and so on.

9e. Any opposed? Say “nay one” and so on.

9f. Any abstentions? Say “abstaining one and so on.

9g. The motion is now carried or opposed with ___#____in favor,  
   ____#_____opposed and _____#_____abstentions.

Are there any other things someone would like to add before closing? Time permitting, these items can be discussed today. Or, tabled and brought up under Old Business at next month’s business meeting.

Serenity Prayer

The business meeting is now closed.