

## **Saturday 8am - Technical Information**

There is helpful information for chairing meetings at:

<http://phonemeetings.org/information.htm>

### **The Meeting Format:**

Saturday, 8 a.m. Three Legacies Speaker Meeting.

We welcome you to the Three Legacies Speaker Meeting. This meeting is an hour and 15 minutes.

The Business Meeting will take place on the fourth Saturday of each month after the close of the meeting.

Hi I am \_\_\_\_\_ and a grateful member and secretary for this meeting today.

**Serenity Prayer:** Will all who care to please join me in saying the Serenity Prayer?

God grant me the serenity  
To Accept the things I cannot change,  
Courage to change the things I can,  
And Wisdom to know the difference.

### **Readings:**

**Suggested Al-Anon Welcome.** How Al-Anon Works pgs. Pg 8-9 or Al-Anon Service Manual 10-11)

### **Ask a volunteer to read:**

**The Preamble** to the 12 Steps (Al-Anon/Alateen Service Manual pg. 14 or the very beginning in the daily readers).

**The 12 Steps** (pg. 368 in Al-Anon daily readers)

The **tradition** and concept of the month and also the **12th tradition.**(P. 370 in Al-Anon daily readers or p. 17 in Service Manual

**Gentle Reminder:** In December,  
Concept 12 includes the five  
Warranties to be read — THEY are  
CONCEPT 12!!!

**Introductions:** Let's go around the globe to introduce ourselves and where we are calling from. Hi I'm \_\_\_\_\_ from \_\_\_\_\_.

Are there any **Newcomers** to Al-Anon? If so, please give your first name and from where you are calling.  
(If so please read)

Al-Anon suggests that you try 6 different meetings to decide whether Al-Anon is for you. Each group has its own personality and focus. Al-Anon is for individuals who are affected by another's drinking (ie. family, friend). Phone numbers will be given at the end of the meeting. We are glad that you are here!

**Announcements:**

1. **7th Tradition:** Al-Anon is fully self-supporting, declining outside contributions. We ask that you send your contributions to WSO ID# 504112 and state that it is FROM the Saturday 8 AM Three Legacies Speaker Meeting or make donations at face-to-face meetings. WSO mailing address is:

Al-Anon World Service Office  
1600 Corporate Landing Parkway  
Virginia Beach VA 23454-5617

or, contribute online at: [al-anon.org/contributions](http://al-anon.org/contributions)

2. Are there any Al-Anon related announcements.
3. Is there anyone who can stay after to answer questions and for more fellowship?
4. Business meetings are held the 4th Saturday of the month.

**Format for this meeting:** (only read week we are in)

- 1st week** Step meeting (topic is the step of the month)
- 2nd week** Speaker meeting (the speaker provides a topic)
- 3rd week** Tradition meeting (topic is the tradition of the month)
- 4th week** Concept meeting (topic is Concept of the Month)
- 5th week** Speaker meeting (The Speaker provides the topic)

Is there someone willing to be our **spiritual timekeeper**?

**Speaker** shares for 15 minutes.

**Please disable your call waiting before dialing into the meeting and do not share on a speaker phone or we will all hear an echo.**

**Would \_\_\_\_\_, who is the Speaker Seeker, like to introduce today's speaker** and would the speaker please let our timekeeper know if you would like to have a five minutes warning?

Thank you very much \_\_\_\_\_, " Would you like to give out your phone number?"

### **Three – Minute Shares**

1. Please resist the desire to comment on another person's share. Your intention may be to show support, but directly commenting on another share could be misinterpreted.
2. We ask that individuals belonging to other anonymous fellowships remain anonymous or any other affiliations, professions, publications, philosophies, and religions. Thank you.
3. By group conscience the chairperson may gently address distractions at any time.
4. We have three-minute shares. Will the timekeeper please indicate when 3 minutes are up and please let the timekeeper know you heard them?
5. We are now open for sharing. Would the timekeeper like to be the first to share?

**SUGGESTED AL-ANON CLOSING:** (Individual members contact information may be requested and given after we read the Suggested Closing and Serenity Prayer)  
How Al-Anon Works pg. 380 or Al-Anon/Alateen Service Manual pg.22.

**Thank everyone for their service**

**Serenity Prayer**

## **THE MEETING IS NOW CLOSED**

Members may request or give out phone or contact information at this time.

### **MEETING INFORMATION (If requested)**

a. Information on all registered meetings can be found on Al-Anon's website: [al-anon.org](http://al-anon.org) or by calling our World Service Office (WSO) at (757) 563-1600. For face-to-face meetings call WSO's automated phone number: 888-4AL-ANON (888-425-2666).

b. Meeting schedules and formats for this phone line can be found at [phonemeetings.org](http://phonemeetings.org). If the line goes down, the backup number is (425) 436-6200 PIN: 335289#. Press\*6 to mute and unmute. For members without web access, meeting schedule information for this line can be found at (712) 432-8733 PIN: UNITY411#. The backup number for the meeting schedule information is (425) 436-6202, PIN: 335289#, Reference Number: 1#.

c. Format changes and website postings can be emailed to [phonemeetingsweb@yahoo.com](mailto:phonemeetingsweb@yahoo.com). General questions can be sent to [phonemeetingsinformation@yahoo.com](mailto:phonemeetingsinformation@yahoo.com). For inquiries regarding leader codes, dashboard monitors and technical issues with the phone line, email [phonemonitorteam@yahoo.com](mailto:phonemonitorteam@yahoo.com). For workshop ideas, suggestions and concerns, email [phonemeetingsforum@yahoo.com](mailto:phonemeetingsforum@yahoo.com).

d. Would anyone like to announce any other Al-Anon phone meetings?

Secretary turns the meeting over to the newcomer greeter.

### **Suggested Format for each Individual Group Conscience Meeting**

1. Let's open with a moment of silence followed with the serenity prayer:
2. God grant me the serenity to: Accept the things I cannot change Courage to change the things I can and Wisdom to know the difference.

#### **OLD BUSINESS**

3. Secretary do we have any old business to revisit from last meeting?
4. We open up the floor for discussion on these items.
5. Do we have a motion on this item?
  - 5a. Do we have a second?
  - 5b. Secretary please read the motion.

Ask if there is any further discussion before we vote.

5c. We now go to voting...

5d. All in favor say "I" and state the order of "I's" Like "I one" and then "I two" and so on.

5e. Any opposed? Say "nay one" and so on.

5f. Any abstentions? Say "abstaining one and so on.

5g. The motion is now carried or opposed with \_\_\_#\_\_\_ in favor, \_\_\_#\_\_\_ opposed and \_\_\_#\_\_\_ abstentions.

## NEW BUSINESS

6. Is there any new business that the group wants to bring up?

7. (if so) So our first order of business

is \_\_\_\_\_.

8. We open up the floor for discussion on this item.

9. Do we have a motion on this item?

9a. Do we have a second?

9b. Secretary please read the motion.

Ask if there is any further discussion before we vote.

9c. We now go to voting...

9d. All in favor say "I" and state the order of "I's...like, "I one" and then "I two" and so on.

9e. Any opposed? Say "nay one" and so on.

9f. Any abstentions? Say "abstaining one and so on.

9g. The motion is now carried or opposed with \_\_\_#\_\_\_ in favor, \_\_\_#\_\_\_ opposed and \_\_\_#\_\_\_ abstentions.

Are there any other things someone would like to add before closing?

Serenity Prayer

Meeting is now closed.